## HOW TO EXTINGUISH THAT OLD FLAME

When relationships are over, the most difficult part is saying, "It's over."

"You have to be honest, but at least take the other persons feelings into consideration," said Senior Melissa Rose.

"I'd just tell them that you want to move on and if it doesn't work you have to tell them to get lost," said Senior Becky Thelen.

However, no matter how easy it seems, they may not be willing to accept it. Which may make things difficult when running into them later.

"I really liked this girl. Everything was great until rumors

went around. Now, she just gives me evil looks when I see her," said Senior Trent Briggs.

"We are really good friends. A friend is supposed to be a friend forever," said Senior Melanie Burk, discussing a past relationship.

"I'm just myself, talk and be friendly. It can be hard at first, but I've gotten used to it," said Senior Scott Wood.

Telling them it is through and it's time to move on can cause a wide variety of reactions. Sometimes we can't think of just their feelings anymore.

"They hear a quick dial tone if they can't let go and stop calling," added Rose.

"There's going to be a little jealousy at first but seeing you with someone else may be what it takes to help them move on," said Senior Melisa Molyneux.

"Try to be friends, after you've known them and had feelings for them, why pretend you don'te know them anymore," said Senior Natalie Bishop.

"I'd have to tell her off if that's what it would take to convince her that it is over," said Senior Jason McLaren.

Dealing with an Old Flame can be painful. Being kind and understanding seems to be the best advice. Faye Verellen

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